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Active Contraction of Microtubule Networks

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Abstract

Many cellular processes are driven by cytoskeletal assemblies. It remains unclear how cytoskeletal filaments and motor proteins organize into cellular scale structures and how molecular properties of cytoskeletal components affect the large scale behaviors of these systems. Here we investigate the self-organization of stabilized microtubules in *Xenopus* oocyte extracts and find that they can form macroscopic networks that spontaneously contract. We propose that these contractions are driven by the clustering of microtubule minus ends by dynein. Based on this idea, we construct an active fluid theory of network contractions which predicts a dependence of the timescale of contraction on initial network geometry, a development of density inhomogeneities during contraction, a constant final network density, and a strong influence of dynein inhibition on the rate of contraction, all in quantitative agreement with experiments. These results demonstrate that the motor-driven clustering of filament ends is a generic mechanism leading to contraction.

1 Introduction

The mechanics, motions, and internal organization of eukaryotic cells are largely determined by the cytoskeleton. The cytoskeleton consists of filaments, such as
20 actin and microtubules, and molecular motors, which consume chemical energy to exert forces on and arrange the filaments into large scale networks. Motor proteins, including dynein and roughly 14 different families of kinesin (Wordeman, 2010), organize microtubules to form the spindle, which segregates chromosomes during cell division. The motor protein myosin organizes actin filaments into
25 networks which drive cell motility, polarity, cytokinesis, and left-right symmetry breakage (Mitchinson and Cramer, 1996; Mayer et al., 2010; Naganathan et al., 2014). The non-equilibrium nature of motor activity is essential for the organization of the cytoskeleton into these diverse sub-cellular structures, but it remains unclear how the interactions between filaments, different motor proteins
30 and other biomolecules influence the behaviors of the networks they form. In particular, it is difficult to extrapolate from the biochemical properties of motors characterized in reconstituted systems to the biological function of those motors *in vivo*. To address this question, we study self-organization of cytoskeletal filaments in the *Xenopus* extracts, which recapitulate the biochemical complexity
35 of the *in vivo* system.

The self-organization of cytoskeletal filaments has been extensively studied in cell extracts and in reconstituted systems of purified components. Actin can form macroscopic networks that exhibit a myosin dependent bulk contraction (Murrell and Gardel, 2012; Bendix et al., 2008; Köhler and Bausch, 2012; Al-
40 varado et al., 2013; Szent-Györgyi, 1943). Microtubule networks purified from neuronal extracts have also been observed to undergo bulk contraction (Weisenberg and Cianci, 1984), while microtubules in mitotic and meiotic extracts are found to assemble into asters (Gaglio et al., 1995; Mountain et al., 1999; Verde et al., 1991). Aster formation in meiotic *Xenopus* egg extracts is dynein-dependent,

45 and has been proposed to be driven by the clustering of microtubule minus ends
by dynein (Verde et al., 1991). It has also been suggested that dynein binds
to the minus ends of microtubules in spindles and clusters the minus ends of
microtubules to form spindle poles (Heald et al., 1996; Burbank et al., 2007;
Khodjakov et al., 2003; Goshima et al., 2005; Elting et al., 2014) and dynein
50 has been shown to accumulate on microtubule minus ends in a purified system
(McKenney et al., 2014). Purified solutions of microtubules and kinesin can
also form asters (Nédélec et al., 1997; Hentrich and Surrey, 2010; Urrutia et al.,
1991), or under other conditions, dynamic liquid crystalline networks (Sanchez
et al., 2012). Hydrodynamic theories have been proposed to describe the be-
55 haviors of cytoskeletal networks on length scales that are much greater than the
size of individual filaments and motor proteins (Prost et al., 2015, Marchetti et
al., 2013). These phenomenological theories are based on symmetries and gen-
eral principles of non-equilibrium physics, with the details of the microscopic
process captured by a small number of effective parameters. As hydrodynamic
60 theories are formulated at the continuum level, they cannot be used to derive
the values of their associated parameters, which must be obtained from more
microscopic theories (Prost et al., 2015, Marchetti et al., 2013) or by comparison
to experiments (Mayer et al., 2010; Brugués and Needleman, 2014).

A key feature of networks of cytoskeletal filaments and motor proteins that
65 enters hydrodynamic theories, and differentiates these non-equilibrium systems
from passive polymer networks, is the presence of additional, active stresses
(Prost et al., 2015, Marchetti et al., 2013). These active stresses can be con-
tractile or extensile, with profound implications for the large scale behavior of
cytoskeletal networks. Contractile stresses can result from a preferred asso-
70 ciation of motors with filament ends (Kruse and Jülicher, 2000; Hyman and
Karsenti, 1996), nonlinear elasticity of the network (Liverpool et al., 2009),
or the buckling of individual filaments (Murrell and Gardel, 2012; Lenz, 2014;
Soares e Silva et al., 2011). Extensile active stresses can arise from polarity

sorting or result from the mechanical properties of individual molecular motors
75 (Gao et al., 2015; Blackwell et al. 2015). In networks with dynamically growing
and shrinking filaments, polymerization dynamics can also contribute to the
active stress. Experimentally, acto-myosin systems (Murrell and Gardel, 2012;
Bendix et al., 2008; Köhler and Bausch, 2012; Alvarado et al., 2013; Szent-
György, 1943) and microtubule networks from neuronal extracts (Weisenberg
80 and Cianci, 1984) are observed to be contractile, while purified solutions of mi-
crotubules and kinesin can form extensile liquid crystalline networks (Sanchez
et al., 2012). It is unclear which microscopic properties of filaments and motor
proteins dictate if the active stress is contractile or extensile in these different
systems.

85 Here, we investigate the motor-driven self-organization of stabilized micro-
tubules in *Xenopus* meiotic egg extracts. These extracts are nearly undiluted
cytoplasm and recapitulate a range of cell biological processes, including spin-
dle assembly and chromosome segregation (Hannak and Heald, 2006). We have
discovered that, in addition to microtubules forming asters in this system as
90 previously reported (Verde et al., 1991), the asters assemble themselves into
a macroscopic network that undergoes a bulk contraction. We quantitatively
characterized these contractions and found that their detailed behavior can be
well understood using a simple coarse-grained model of a microtubule network
in which dynein drives the clustering of microtubule minus ends. This end clus-
95 tering mechanism leads to a novel form of active stress, which drives the system
to a preferred microtubule density. Our results suggest that the dynein-driven
clustering of microtubule minus ends causes both aster formation and network
contraction, and have strong implications for understanding the role of dynein
in spindle assembly and pole formation. Furthermore, the close agreement we
100 find between experiments and theory demonstrates that simple continuum mod-
els can accurately describe the behavior of the cytoskeleton, even in complex
biological systems.

2 Results

To further study the motor-induced organization of microtubules, we added 2.5
105 μM Taxol to *Xenopus* egg extracts and loaded them into microfluidic chan-
nels (Figure 1A). Taxol causes microtubules to rapidly assemble and stabilize
(Mitchison et al., 2013), which allowed us to decouple the effects of motor-driven
self-assembly from the complicating effects of polymerization-depolymerization
dynamics. In some regions of the channel, microtubules organized into asters
110 (Figure 1B) as observed previously (Verde et al., 1991). A NUMA antibody was
used to locate microtubule minus ends (Mitchison et al., 2013), and was found
to localize to the aster core, confirming the polarity of the aster (Gaglio et al.,
1995). Isolated asters were found to interact and coalesce (Figure 1C, Video
1). In other regions of the channel, microtubules formed networks of aster-like
115 structures (Figure 1D), which were highly dynamic and exhibited large scale mo-
tion that persisted for several tens of seconds (Figure 1E, Video 2). NUMA was
found to localize to the interior of these structures, confirming their aster-like
nature (Figure 1 F,G).

To characterize these large scale motions, we next imaged networks at lower
120 magnification, obtaining a field of view spanning the entire channel width. The
networks, which initially filled the entire channel (width $W_0 = 1.4\text{mm}$), under-
went a strong contraction, which was uniform along the length of the channel
(Figure 2A, Video 3). The contractile behavior of these microtubule networks
is highly reminiscent of the contractions of actin networks in these extracts
125 (Bendix et al., 2008), but in our experiments actin filaments are not present
due to the addition of $10 \frac{\mu\text{g}}{\text{mL}}$ Cytochalasin D. We characterized the dynamics
of microtubule network contractions by measuring the width, $W(t)$, of the
network as a function of time (Figure 2B). Occasionally we observed networks
tearing along their length (Video 4), yet these tears seemed to have little impact
130 on the contraction dynamics far from the tearing site, arguing that the Poisson

ratio of the network is ≈ 0 . We then calculated the fraction contracted of the network:

$$\epsilon(t) = \frac{W_0 - W(t)}{W_0}, \quad (1)$$

The time course of $\epsilon(t)$ was found to be well fit by an exponential relaxation:

$$\epsilon(t) \simeq \epsilon_\infty [1 - e^{-\frac{(t-T_c)}{\tau}}], \quad (2)$$

where ϵ_∞ is the final fraction contracted, τ is the characteristic time of contraction, and T_c is a lag time before contraction begins (Figure 2B, inset, Figure 2 - figure supplement 1).

We next sought to investigate which processes determine the time scale of contraction and the extent that the network contracts. For this, we exploited the fact that different mechanisms predict different dependence of the time scale τ on the channel dimensions. For instance, in a viscoelastic Kelvin-Voigt material driven to contract by a constant applied stress, $\tau = \eta/E$ depends solely on the viscosity η and the Young's modulus E and is independent of the size of the channel (Oswald, 2009). In contrast, in a poroelastic material driven by a constant stress, $\tau \propto W_0^2$ (Coussy, 2004), where W_0 is the width of the channel. Thus, studying how τ varies with channel width provides a means to test the validity of these models.

We fabricated microfluidic channels of varying width, $W_0 = 1.4\text{mm}$, 0.9mm , 0.44mm , and 0.16 mm , all with height $H_0 = 125\ \mu\text{M}$, loaded the channels with extracts supplemented with $2.5\ \mu\text{M}$ Taxol, and imaged the networks at low magnification (Figure 3A, Video 5). Results for each channel width were averaged together to produce master curves of the width, $W(t)$ (Figure 3B), and fraction contracted, $\epsilon(t)$ (Figure 3C), of the networks in each channel. Visual inspection of the fraction contracted curves, $\epsilon(t)$, reveals that networks in smaller channels contract faster, but all reach a similar final fraction contracted (Figure 3C). To quantify these trends, we fit the $\epsilon(t)$ curves using Eqn. 2 and extracted

the characteristic time to contract, τ , and the final fraction contracted, ϵ_∞ , for each channel width. We find that the dependence of τ on channel width is inconsistent with the time of contraction resulting from either viscoelastic or poroelastic timescales, which would predict constant and quadratic scalings respectively (Figure 3D). We next explored the influence of channel height H_0 ($H_0 = 75, 125, 150\mu\text{M}$, all with width $W_0 = 1.4\text{ mm}$) and found that τ does not significantly vary in these channels (Figure 3E).

In all cases the networks contracted to a similar final fraction, ϵ_∞ , of ≈ 0.77 , irrespective of channel geometry (Figure 3F). Since the Taxol concentration was held constant, all experiments started with the same initial density of microtubules, regardless of the dimensions of the channel. Thus, all networks contracted to the same final density. By using fluorescence intensity as a proxy for tubulin concentration (see Materials and Methods), we estimate the final concentration of tubulin in the network to be $\rho_0 \approx 30\mu\text{M}$. Remarkably, this is comparable to the concentration of microtubules in reconstituted meiotic spindles in *Xenopus* extracts (Needleman et al., 2010), which is $\approx 60\mu\text{M}$. As neither the simple viscoelastic nor poroelastic models are consistent with these results, we sought to construct an alternative model of the contraction process. Since Taxol stabilizes microtubules in these experiments, the density of microtubules ρ is conserved throughout the contraction process, implying

$$\partial_t \rho = -\vec{\nabla} \cdot (\rho \vec{v}), \quad (3)$$

where \vec{v} is the local velocity of the microtubule network. The velocity \vec{v} is set by force balance. If the relevant timescales are long enough that the microtubule network can be considered to be purely viscous, and if the network's motion results in drag, then the equation for force balance is

$$\eta \nabla^2 \vec{v} - \gamma \vec{v} = \vec{\nabla} \cdot \sigma, \quad (4)$$

180 where η and γ are the viscosity and drag coefficients, respectively, and σ is an active stress caused by motor proteins which drive the contraction of the microtubule network. The observation that the timescale of contraction, τ , is independent of channel height (Figure 3E) shows that the drag does not significantly vary with channel height, and thus could arise from weak interactions
185 between the microtubule network and the device wall.

We obtain an expression for the active stress, σ , by considering the microscopic behaviors of microtubules and motor proteins. As the contracting networks consist of microtubule asters (Figure 1 D, E), and microtubule asters in meiotic extracts are thought to assemble by the dynein-induced clustering of
190 microtubule minus ends (Verde et al., 1991), we hypothesize that the contraction process is also driven by dynein pulling microtubule minus ends towards each other (Figure 4A).

In an orientationally disordered suspension of microtubules, we expect dynein mediated collection of microtubule minus ends to drive a contractile stress which
195 is proportional to the number of motor molecules m and the local density of microtubules ρ , (see Appendix).

As only a finite number of microtubules can fit near the core of an aster, steric collisions will counteract the contractile stress at high densities (Figure 4B).

200 Since most motion in the suspension is motor driven, thermal collisions can be ignored, and the extensile stress driven by steric interactions will be proportional to the number motor molecules m and quadratic in the local density of microtubules ρ , (see Appendix).

Taken together, these two effects lead to the active stress

$$\sigma = s\rho(\rho - \rho_0)\mathbb{I}, \tag{5}$$

205 where s is the strength of the active stress, ρ_0 is the final density at which the

effects of dynein mediated clustering and steric repulsion between microtubules balance and \mathbb{I} is a unit tensor (see Appendix).

Importantly, since the contractile and extensile parts of the active stress both depend linearly on the number of motor molecules, the preferred density ρ_0 that the suspension will reach after contraction depends only on the interaction geometry between microtubules and motors and not on the actual number of active motors. Only the strength s of the active stress will be affected if the number of active motors could be changed.

Taken together, Eqns. (3,4,5) constitutes an active fluid theory of microtubule network contraction by minus end clustering. We note that this theory could be reformulated, essentially without change, as the clustering of aster cores, again driven by dynein mediated clustering of minus-ends. Isotropy of interactions remains a fundamental assumption.

We first investigated if this active fluid theory can explain the dependence of the timescale of contraction on sample geometry. An analysis of the equations of motion, Eqns. (3,4,5), near equilibrium predicts that the timescale of contractions obeys

$$\tau(W_0) = \alpha \frac{\eta}{s\rho_0^2} + \beta \frac{\gamma}{s\rho_0^2} W_0^2, \quad (6)$$

where $\alpha = 2.2 \pm 0.05$ and $\beta = 0.085 \pm 0.006$ are dimensionless constants, which we determined numerically (see Appendix). This predicted scaling is both consistent with the experimental data and simulations of the full theory (Figure 3D). Fitting the scaling relationship to the data allows combinations of the parameters to be determined, giving $\eta/(s\rho_0^2) = 0.82 \pm 0.20$ min and $\gamma/(s\rho_0^2) = 1.0 \times 10^{-5} \pm 0.7 \times 10^{-5}$ min/ (μm^2) (mean \pm standard error). Combining this measurement with an estimate for the network viscosity taken from measurements in spindles of $\eta \approx 2 \times 10^{-2} Pa \cdot s$ (Shimamoto et al., 2011), we can estimate the dynein generated active stress to be $s\rho_0^2 \approx 4Pa$ which is consistent with having

≈ 0.4 dynein per microtubule minus end each exerting an average force of 1 pN (Nicholas et al., 2015).

To further explore the validity of the active fluid theory of contraction by microtubule minus end clustering, we explored other testable predictions of the theory. This theory predicts that: (i) the preferred density of the network ρ_0 is constant and does not depend on the initial conditions. This is consistent with the constant ϵ_∞ measured experimentally (Figure 3F); (ii) since contractions are driven by stress gradients (Eq. 4) and stress depends on microtubule density (Eq. 5) the density discontinuity at the edge of the network should produce large stress gradients, leading to an inhomogeneous density profile in the network during contraction; (iii) the magnitude of the active stress, s , is proportional to the number of active motors, but the final density of the network, ρ_0 , is independent of the number of molecular motors (see Appendix). Thus, reducing the numbers of motors should lead to slower contractions, but still yield the same final density.

We first examined prediction (ii), that the stress discontinuity at the edge of the network should lead to a material buildup in the film. To test this, we averaged the fluorescence intensity along the length of the channel (see Materials and Methods) and found that the microtubule density does indeed increase at the network's edge during contraction (Figure 5A). We next explored if the inhomogeneous density profile could be quantitatively explained by our active fluid theory. We numerically solved Eqns. (3, 4, 5) and used least squares fitting to determine the simulation parameters which most closely matched the experimentally measured profiles (Figure 5B), yielding $\eta/(s\rho_0^2) = 0.82 \pm 0.03$ min, $\gamma/(s\rho_0^2) = 6.1 \pm 0.1 \times 10^{-6}$ min/ (μm^2) , and $\rho_{initial}/\rho_0 = 0.32 \pm 0.01$ (mean \pm s.e.m., n=4 experiments). Within error, these values are the same as those determined from the dependence of the timescale of contraction on channel width (Figure 3D). The simulated profiles closely match the experimental ones for most of the contraction (Figure 5B), but at late times the simulated inhomogeneous

genities dissipate in contrast to the experiments (Figure 5 - figure supplement 1). This might be caused by a long-term aging of the network that is not incorporated into our simple model. To confirm that the density buildup was due to an increased velocity near the network's edge, we measured the velocity throughout the network using Particle Image Velocimetry (PIV, see Materials and Methods) (Figure 5C) and found that the velocities increase superlinearly with distance from the network's center, as predicted (Figure 5D).

Finally, we sought to determine the molecular basis of the contraction process, and check prediction (iii), that the number of motors driving the contraction affects the rate of contraction, but not the final density the network contracts to. Aster assembly is dynein-dependent in *Xenopus* egg extracts (Gaglio et al., 1995; Verde et al., 1991), and dynein (Heald et al., 1996) and Kinesin-5 (Sawin et al., 1992) are two of the most dominant motors in spindle assembly in this system. We inhibited these motors to test their involvement in the contraction process. Extracts supplemented with STLC for Kinesin-5 inhibition or p150-CC1 for dynein inhibition were loaded into channels with a width, W_0 , of 0.9 mm and imaged at low magnification. Inhibiting Kinesin-5 had little effect on the contraction process (Figure 6 - figure supplement 1). In contrast, inhibiting dynein caused a dose-dependent slowdown of the contraction (Figure 6A). In spindle assembly, inhibiting Kinesin-5 suppresses the morphological changes caused by dynein inhibition (Mitchison et al., 2005). We therefore tested how simultaneously inhibiting both motors influences the contraction process, but found that the effects of dynein inhibition were not rescued by the simultaneous inhibition of Kinesin-5 (Figure 6 - figure supplement 1), suggesting that in this context, Kinesin-5 is not generating a counteracting extensile stress. This further suggests the possibility that in the spindle, the role of Kinesin-5 may be in orienting, polarity sorting, and sliding microtubules as opposed to active stress generation. Curves of $\epsilon(t)$ were fit using Eqn. (2) to extract the final fraction contracted, ϵ_∞ , and the characteristic time of contraction, τ . By vary-

290 ing the concentration of p150-CC1, the characteristic time, τ , could be tuned
over a wide range from ≈ 3 minutes to ≈ 75 minutes (Figure 6B). Fitting a
sigmoid function to the τ vs. p150-CC1 concentration curve yields an EC50
value of $0.22 \pm .02 \mu\text{M}$ (mean \pm standard error), similar to the value of ≈ 0.3
 μM reported for the effect of p150-CC1 on spindle length in *Xenopus* extracts
295 (Gaetz and Kapoor, 2004), which is consistent with active stress generated by
dynein being required for pole focusing. Despite this large change in the con-
traction timescale, we found no apparent differences in ϵ_∞ (Figure 6C). Thus,
the microtubule networks contract to approximately the same final density ir-
respective of the concentration of p150-CC1. The observation that inhibiting
300 dynein affects the timescale of contraction but not the final density to which
the network contracts is consistent with the predictions of our model. We note
that even at the highest p150-CC1 concentrations used, the network still under-
goes a bulk contraction. This could possibly be due to incomplete inhibition of
dynein by p150-CC1, or by another motor protein present in the extract that
305 also contributes to the contraction process. As the characteristic time, $\tau \propto \frac{1}{s}$,
by comparing the characteristic times in the uninhibited and $2 \mu\text{M}$ p150-CC1
cases, we can estimate that the strength of the active stress, s , in the $2 \mu\text{M}$
p150-CC1 condition is only $\approx 4\%$ of the strength of the active stress in the un-
inhibited case, arguing that even if another motor is involved in the contraction,
310 dynein contributes $\approx 96\%$ of the active stress.

3 Discussion

Here we have shown that networks of stabilized microtubules in *Xenopus* egg
extracts undergo a bulk contraction. By systematically varying the width of
the microfluidic channel in which the network forms, we demonstrated that
315 the timescale of contraction is not a poroelastic or viscoelastic timescale. A
simple active fluid model of network contraction by dynein-driven clustering

of microtubule minus ends correctly predicts the dependence of the contraction timescale on channel width, the nonuniform density profile in the network during contraction, and that inhibiting dynein affects the timescale of contraction but
320 not the final density that the network contracts to. Parameters of this model can be measured by the scaling of the contraction timescale with channel width and by a detailed analysis of the inhomogeneities in the network that develop during contraction. Both methods give similar values.

Our results demonstrate that the behaviors of a complex biological system
325 can be quantitatively described by a simple active matter continuum theory. These active matter theories aim to describe the behavior of cytoskeletal systems at large length-scales and long timescales by effectively averaging all of the molecular complexity into a small set of coarse-grained parameters. Previously, these theories have been predominately applied to describe biological systems
330 near non-equilibrium steady states (Prost et al., 2015; Brugués et al., 2014). In the present work, we augment previous theories with a nonlinear active stress term derived from microscopic considerations to capture the far from steady state dynamics of the contraction process. This approach allows us to quantitatively explain our experimental results using a theory with only 4 parameters,
335 while a complete microscopic model would require understanding the behavior of the thousands of different proteins present in *Xenopus* egg extracts. Furthermore, the considerations of the model are general, and it will be interesting to consider whether the end clustering mechanism proposed here could contribute to contraction in actin networks as well.

340 In our model, the active stress which drives network contraction results from the motor-induced clustering of microtubule minus ends, the same process thought to be responsible for aster formation and spindle pole focusing (Gaglio et al., 1995; Mountain et al., 1999; Verde et al., 1991, Elting et al., 2014; Heald et al., 1996; Burbank et al., 2007; Khodjakov et al., 2003; Goshima et al., 2005).
345 Our results, and previous data (Verde et al., 1991; Heald et al., 1996; Burbank

et al., 2007), are consistent with minus end clustering in *Xenopus* egg extracts primarily arising from the activity of dynein. The ability of dynein to cluster microtubule minus ends could result from dynein being able to accumulate on the minus end of one microtubule, while simultaneously walking towards the
350 minus end of another (Hyman and Karsenti, 1996; McKenney et al. 2014; Figure 4A). There is indication that such behaviors may indeed occur in spindles (Elting et al., 2014), and pursuing a better understanding of those processes is an exciting future direction that will help to clarify the function of dynein in spindles.

355 The observation that microtubule networks contract in *Xenopus* egg extracts suggests that motor-induced stresses in spindles are net contractile and not extensible as previously assumed (Brugués and Needleman, 2014). The contribution of dynein to spindle pole focusing may ultimately be due to these contractile stresses. The presence of contractile stresses from dynein might also explain
360 both the observation that the fusion of spindles is dynein-dependent (Gatlin et al., 2009), and the apparently greater cohesion between microtubules at spindle poles, (where dynein is localized (Gatlin et al., 2010)). It is unclear what processes set the density of microtubules in the spindle, and the finding that the active stress generated from minus end clustering saturates at a preferred
365 microtubule density could play an important role.

4 Materials and Methods

4.1 Preparation of *Xenopus* Extracts

CSF-arrested extracts were prepared from *Xenopus laevis* oocytes as previously described (Hannak and Heald, 2006). Crude extracts were sequentially filtered
370 through 2.0, 1.2, and 0.2 micron filters, frozen in liquid nitrogen, and stored at -80 °C until use.

4.2 Preparation of Microfluidic Devices

Channel negatives were designed using AutoCAD 360 (Autodesk) and Silhouette Studio (Silhouette America) software, cut from 125 micron thick tape (3M
375 Scotchcal) using a Silhouette Cameo die cutter, and a master was made by adhering channel negatives to the bottom of a petri dish. PDMS (Sylgard 184, Dow Corning, 10:1 mixing ratio) was cast onto the masters and cured overnight at 60 °C. Devices and coverslips were each corona treated with air plasma for 1 minute before bonding. Channels containing a degassed solution of 5 mg/mL
380 BSA (J.T. Baker) supplemented with 2.5% w/w Pluronic F127 (Sigma) were incubated overnight at 12 °C. Unless stated otherwise, the microfluidic devices had a length of 18 mm, a height of 0.125 mm, and a width of 1.4 mm.

4.3 Protein Purification

GST-tagged p150-CC1 plasmid was a gift from Thomas Surrey (Uteng et al.,
385 2008). GST-p150-CC1 was expressed in *E. Coli* BL21 (DE3)-T1^R(Sigma) for 4 hours at 37 °C. The culture was shifted to 18 °C for 1 hour before adding 0.2mM IPTG and the culture was grown overnight at 18 °C. Cells were centrifuged, re-suspended in PBS supplemented with Halt Protease Inhibitor Cocktail (Thermo Scientific) and benzonase (Novagen) before lysis by sonication. GST-p150-CC1
390 was purified from clarified lysate using a GSTrap column FF (G.E. Healthcare) as per the manufacturer's instructions. GST-p150-CC1 was dialyzed overnight into 20mM Tris-HCl, 150mM KCl and 1mM DTT. The GST tag was cleaved using Prescission Protease (overnight incubation at 4 °C). After removing free GST and Prescission Protease using a GSTrap FF column, p150-CC1 was con-
395 centrated, frozen in liquid nitrogen, and stored at -80 °C until use.

4.4 Bulk Contraction Assay

20 μL aliquots of filtered extract were supplemented with $\sim 1 \mu\text{M}$ Alexa-647 labeled tubulin and $2.5 \mu\text{M}$ Taxol before being loaded into channels. For dynein inhibition experiments, 1 μL of either p150-CC1 or buffer alone was added to the extract immediately before Taxol addition. For Kinesin-5 inhibition experiments, 100 μM STLC (Sigma Aldrich) was added concurrently with Taxol. Channels were sealed with vacuum grease and imaged using a spinning disk confocal microscope (Nikon Ti2000, Yokugawa CSU-X1), an EMCCD camera (Hamamatsu), and a 2x objective using Metamorph acquisition software (Molecular Devices). $t=0$ is defined when the imaging begins, ≈ 1 minute after Taxol addition to the extract. After a brief lag time, the microtubule networks spontaneously begin contraction. Images were analyzed using ImageJ and custom build MATLAB and Python software (available at <https://github.com/peterjfoster/eLife>). Parameters were fit to contraction data using timepoints where $\epsilon(t) > 0.1$.

4.5 Final Density Estimation

The final density was estimated using contraction experiments with $2.5 \mu\text{M}$ Taxol in 0.9 mm channels. For each experiment, the frame closest to $t = \tau + T_c$ was isolated, where τ and T_c are the timescale of contraction and the offset time respectively, obtained from fits of the time course of contraction to Eqn. 2 of the main text. After correcting for the camera offset and inhomogeneous laser illumination, the average fluorescence intensity of the network, ρ_N and the average fluorescence intensity in the channel outside the network, ρ_M were calculated. The fluorescence intensity in the channel but outside the network comes from monomeric fluorescently labeled tubulin and was assumed to be constant throughout the channel. The fractional concentration was then estimated as $\rho(\tau + T_c) = \frac{\rho_N - \rho_M}{\rho_N + \rho_M}$. Using this measurement along with the fit curves for $\epsilon(t)$ and under the assumption that the network contracts in the z direction

such that $\epsilon(t)$ in the z direction is the same as along the width, the inferred fractional concentration at $t = \infty$ was calculated as

$$\rho(t = \infty) = \frac{\rho(\tau + T_c)}{(1 - \epsilon_\infty)^2} (1 - \epsilon_\infty(1 - e^{-1}))^2$$

425 Assuming the fluorescently labeled tubulin incorporates into microtubules at the same rate as endogenous tubulin, we can multiply the derived fractional density $\rho(t = \infty)$ by the tubulin concentration in extract, $18\mu\text{M}$ (Parsons and Salmon, 1997) to arrive a final network tubulin concentration of $30\mu\text{M}$.

4.6 Density Profile Measurements

430 Images from contraction experiments were corrected for the camera offset and inhomogeneous laser illumination before being thresholded in order to segment the microtubule network from background fluorescence. Rotations of the channel relative to the CCD were detected by fitting a linear equations to edges of the microtubule network. If the average of the slopes from the top and bottom
435 of the network was greater than $1/(\text{the number of pixels in the length of the image})$, a rotated, interpolated frame was constructed where pixels were assigned based on the intensity of the pixel in the original frame weighted by their area fraction in the interpolated pixel. Frames were averaged along the length of the channel before background signal subtraction. For density profiles compared
440 with simulations, the edge peaks of the density profile were identified and pixels between the two peaks were retained. Profiles were normalized such that the integral of the profile was set to 1.

4.7 Particle Imaging Velocimetry

Particle Imaging Velocimetry was performed using PIVLab software (Thielicke
445 and Stamhuis, 2014) using the FFT window deformation algorithm with a 16 pixel interrogation area and 8 pixel step for the first pass and an 8 pixel inter-

rogation area with a 4 pixel step for the second pass. After PIV was performed, intensity images were thresholded to segment the microtubule network from the background, and only velocity vectors within the microtubule network that were
450 > 8 pixels from the network’s edges were retained.

5 Appendix

5.1 Derivation of Active Fluid Theory

We introduce a theoretical description of a confined active microtubule-motor gel immersed in a Newtonian fluid. We obtain generic equations of motion
455 for this system closely following the logic outlined in (Doi and Onuki, 1992; Joanny et al., 2007). This generic description is augmented by including a density-dependent active stress, which is derived from a minimal microscopic description of microtubule-dynein interactions. Here, we present the equations of motion for the one dimensional system.

460 5.1.1 Generic theory for an immersed active gel

We begin by stating the conservation laws an active gel permeated by a Newtonian fluid obeys. The system shall be incompressible such that the total density $\rho_{tot} = \rho + \rho_f$ is a constant. Here ρ and ρ_f are the densities of gel and fluid, respectively. The gel density ρ obeys the continuity equation,

$$\partial_t \rho = -\partial_x(\rho v), \tag{7}$$

465 where v is the velocity of the gel. Similarly the fluid permeating the gel obeys,

$$\partial_t \rho_f = -\partial_x(\rho_f v_f), \tag{8}$$

where v_f and ρ_f are the fluid density and velocity fields, respectively. Since the overall system is incompressible $\partial_x(\rho v + \rho_f v_f) = 0$. Force balance in the gel

requires

$$\partial_x \sigma^{gel} = \bar{\gamma}v + \lambda(v - v_f), \quad (9)$$

where the gel stress $\sigma^{gel} = \eta \partial_x v - \sigma + (\rho/\rho_{tot})P$ consists of a viscous stress $\eta \partial_x v$, an active stress σ , and a hydrostatic pressure P . The friction coefficient $\bar{\gamma}$ quantifies the momentum transfer between the gel and its confinement and λ quantifies the momentum transfer between the gel and the fluid. The momentum continuity equation of the permeating fluid is

$$0 = \eta_f \partial_x^2 v_f - \partial_x [(\rho_f/\rho_{tot})P] + \lambda(v - v_f), \quad (10)$$

where η_f is the fluid viscosity. In our experiments, changing the height of the chamber does not appreciably change the time-scale τ of the observed contractions, see Figure 3F. Furthermore, there is little observed motion of the extract surrounding the film. Presumably $v_f \ll v$ since the system is relatively dilute, i.e. $\rho \ll \rho_f$, and the length-scale $\sqrt{\eta_f/\lambda}$ is large compared to the chamber height. We thus simplify Eq.(9) to

$$\eta \partial_x^2 v - \gamma v = \partial_x \sigma, \quad (11)$$

where $\gamma = \lambda + \bar{\gamma}$. Eq. (11) is the force balance equation we henceforth use for the gel to quantitatively capture the experimental dynamics. Note that $\rho \ll \rho_f$ also allowed us to neglect the hydrostatic pressure in the gel. We complement Eq.(11) by the stress boundary condition at the edges of the film at $x = \pm W(t)/2$

$$[\eta \partial_x v - \sigma]_{x=\pm \frac{W(t)}{2}} = 0. \quad (12)$$

The width of the film obeys

$$\partial_t W(t) = v(W(t)/2) - v(-W(t)/2). \quad (13)$$

5.1.2 Active stresses from dynein-mediated microtubule interactions

We next seek to obtain an expression for the active stress by coarse-graining a microscopic model of interactions between dynein molecular motors and microtubules. Here we assume that dynein builds up near microtubule minus ends as

previously suggested (Elting et al., 2014; Surrey et al., 2001), and hence forces
 490 are exchanged between microtubules through the microtubules' minus ends. We
 introduce the positions of microtubule minus ends x_i , such that the film density
 can be written as

$$\rho(x) = \sum_i \delta(x - x_i). \quad (14)$$

The force exerted by the i -th on the j -th filament is F_{ij} , with $F_{ij} = -F_{ji}$
 as required by momentum conservation. The active stress σ generated in this
 495 context is defined by the force balance equation

$$\partial_x \sigma = \sum_i \delta(x - x_i) \sum_j F_{ij}, \quad (15)$$

up to an arbitrary constant of integration. Note that averaging Eq. (15) over
 an appropriate mesoscopic volume yields the well-known Kirkwood formula.
 To model microtubule-dynein interactions, we propose that $F_{ij} = A_{ij} + R_{ij}$,
 where A_{ij} is a dynein-mediated attractive force between minus ends, and R_{ij}
 500 is a repulsive force from steric interactions between nearby filaments (Figure 4).
 Generically, A_{ij} and R_{ij} depend on the relative positions and orientations of
 microtubules i and j . Since we are concerned with a disordered assembly of mi-
 crotubules in which all orientations occur with the same likelihood it is sufficient
 for our purposes to only think of microtubule positions, and orientation effects
 505 average out. The average attractive force A_{ij} that motors bound to the minus
 end of filament i exert on filament j can be expressed locally as the product

$$A_{ij} = (P_{ij} + P_{ji})a_{ij}, \quad (16)$$

where P_{ij} is the probability that a motor connects the minus end of filament i
 to filament j and a_{ij} is the force which the motor exerts if a connection is made.
 Since each dynein can link at most 2 filaments,

$$P_{ij} = m \frac{1 - \Theta(|x_i - x_j| - \Gamma)}{\sum_{k \neq i} (1 - \Theta(|x_i - x_k| - \Gamma))}, \quad (17)$$

510 where m is the fraction of filaments that carry an active motor at their minus
end and Γ is a typical interaction distance. Here, $\Theta(x)$ denotes the Heaviside
function which is equal to one for positive x and zero otherwise. If a_{ij} is an
odd function of the separation vector $x_i - x_j$, it can be expressed by the series
 $a_{ij} = \sum_{n \geq 1} A_n (x_i - x_j)^{2n-1}$. Using Eq. (14), the force density field generated by
515 motor contractions becomes to lowest order in Γ ,

$$\sum_i \delta(x - x_i) \sum_j A_{ij} = mA_1 \frac{2\Gamma^2}{3} \partial_x \rho + \mathcal{O}(\Gamma^4), \quad (18)$$

which corresponds to an active stress contribution $(2/3)mA_1\Gamma^2\rho$.

We next discuss the average steric force that filament i exerts on filament j .
Given the force r_{ij} of a collision event we find

$$R_{ij} = m(1 - \Theta(|x_i - x_j| - \Gamma)) r_{ij}. \quad (19)$$

Eq. (19) is linear in the motor density m , since only filaments that are being
520 actively moved will sterically displace their neighbors. Note that here we chose
the typical interaction distance Γ to be the same in Eq. (19) and Eq. (16) for
simplicity. If $r_{ij} = \sum_{n \geq 1} R_n (x_i - x_j)^{2n-1}$ is an odd function of the displacement
between the microtubule ends i and j the force density field generated by steric
interactions is

$$\sum_i \delta(x - x_i) \sum_j R_{ij} = mR_1 \frac{2\Gamma^3}{3} \rho \partial_x \rho + \mathcal{O}(\Gamma^5), \quad (20)$$

525 which corresponds to an active stress contribution $mR_1\Gamma^3\rho^2/3$. The total active
stress is thus given by,

$$\sigma = s\rho(\rho - \rho_0), \quad (21)$$

with $s = -mR_1\Gamma^3/3$ and $\rho_0 = -2A_1/(R_1\Gamma)$. Together with Eqns. (7,11,21) are
the equations of motions of our system.

5.2 Scaling analysis of the equations of motion

530 We asked how the characteristic time of contractions scales as a function of the width W_0 of the confining chamber, according to our theory. For this, we rewrite the equations of motion, Eqns. (7,11), in dimensionless form

$$\delta^2 \partial_{\hat{x}}^2 \hat{v} - \hat{v} = \partial_{\hat{x}}(\hat{\rho}(\hat{\rho} - 1)) \quad (22)$$

$$\partial_{\hat{t}} \hat{\rho} = -\partial_{\hat{x}} \hat{\rho} \hat{v} \quad (23)$$

where $\hat{x} = x/W_0$, $\hat{v} = vT/W_0$, $\delta = \ell/W_0$, $\ell = \sqrt{\eta/\gamma}$ and $\hat{\rho} = \rho/\rho_0$ and
535 $T = \gamma W_0^2 / (s\rho_0^2)$. The boundary condition then becomes

$$\left[\partial_{\hat{x}} \hat{v} - \frac{1}{\delta^2} (\hat{\rho}(\hat{\rho} - 1)) \right]_{\hat{x} = \pm \frac{\hat{w}(t)}{2}} = 0 \quad (24)$$

with $\hat{w}(t) = W(t)/W_0$. To further simplify our analysis we move to the "Lagrangian" frame defined by $\chi = \hat{x}/(2\hat{w}(t))$, where the equations of motion become

$$\delta^2 \partial_{\chi}^2 \hat{v} - \frac{\hat{w}(t)^2}{4} \hat{v} = \frac{\hat{w}(t)}{2} \partial_{\chi}(\hat{\rho}(\hat{\rho} - 1)) \quad (25)$$

$$\partial_{\hat{t}} \hat{\rho} = -\frac{2}{\hat{w}(t)} \partial_{\chi} \left(\hat{\rho} \hat{v} - \frac{\chi \partial_{\hat{t}} \hat{w}(t)}{2} \hat{\rho} \right) - \hat{\rho} \frac{\partial_{\hat{t}} \hat{w}(t)}{\hat{w}(t)} \quad (26)$$

540 with the boundary conditions

$$\left[\partial_{\chi} \hat{v} - \frac{\hat{w}(t)}{2\delta^2} (\hat{\rho}(\hat{\rho} - 1)) \right]_{\chi = \pm 1} = 0 \quad (27)$$

This system of equations has steady-states for $\hat{\rho} = 1$, $\hat{w}(t) = w$, $\hat{v} = 0$, where w is the final width of the film. We next linearize around this steady state, i.e., choose $\hat{\rho} = 1 + \varepsilon \bar{\rho}$, $\hat{w}(t) = w + \varepsilon \bar{w}$, $\hat{v} = \varepsilon \bar{v}$, where ε is a small quantity. To linear order the equations of motion then become

$$\delta^2 \partial_{\chi}^2 \bar{v} - \frac{w^2}{4} \bar{v} = \frac{w}{2} \partial_{\chi} \bar{\rho} \quad (28)$$

545

$$\partial_{\hat{t}} \bar{\rho} = -\frac{2}{w} \partial_{\chi} \bar{v} \quad (29)$$

and

$$\partial_{\chi} \bar{v} = \frac{w}{2\delta^2} \bar{\rho} \quad \text{at} \quad \chi \pm 1. \quad (30)$$

Using Eqns. (28, 29), we find

$$\left(\delta^2 \partial_\chi^2 - \frac{w^2}{4}\right) \partial_t \bar{\rho} = -\partial_\chi^2 \bar{\rho} \quad (31)$$

and the boundary condition

$$\partial_t \bar{\rho} = -\frac{1}{\delta^2} \bar{\rho} \quad \text{at} \quad \chi \pm 1. \quad (32)$$

We solve this equation by making the Ansatz $\bar{\rho}(t) = \sum_{k=1}^{\infty} \rho_k(t) \cos((2k-1)\frac{\pi}{2}\chi) + \rho_0 e^{-t/\delta^2}$, and find

$$A_k \dot{\rho}_k + B_k \rho_k = C_k e^{-t/\delta^2}, \quad (33)$$

with $A_k = (\delta^2 \pi^2 (2k-1)^2 + w^2)/4$, $B_k = \pi^2 (2k-1)^2/4$ and $C_k = -\rho_0 w^2 (-1)^k / (\delta^2 \pi (2k-1))$.

Thus,

$$\rho_k = \frac{C_k}{B_k/A_k - 1/\delta^2} e^{-t/\delta^2} - K_k e^{-(B_k/A_k)t}, \quad (34)$$

where K_k is an integration constant determined from the initial condition. In the following we shall consider the case $\rho_k(t=0) = 0$, i.e. we start with a uniformly stretched film, for which $K_k = \frac{C_k}{B_k/A_k - 1/\delta^2}$.

To determine the time scale of the width contractions we need to remember the conservation of mass

$$M = \int_{-1}^1 d\chi \frac{w + \bar{w}}{2} (\rho + \bar{\rho}) \quad (35)$$

which yields

$$\bar{w} = w \int_{-1}^1 d\chi \bar{\rho}. \quad (36)$$

We determine the time-scale τ of contractions from $T/\tau = -\dot{\bar{w}}/\bar{w}$ and find

$$\tau(t) = \frac{\sum_{k=1}^{\infty} K_k \left(e^{-t/\delta^2} - e^{-(B_k/A_k)t} \right) \frac{4(-1)^{k+1}}{\pi(2k-1)} + 2\rho_0 e^{-t/\delta^2}}{\sum_{k=1}^{\infty} K_k \left(e^{-t/\delta^2}/\delta^2 - e^{-(B_k/A_k)t} (B_k/A_k) \right) \frac{4(-1)^{k+1}}{\pi(2k-1)} + \frac{2\rho_0}{\delta^2} e^{-t/\delta^2}}. \quad (37)$$

Thus, the dynamics is governed by multiple relaxation processes with varying time-scales. In particular

$$\frac{1}{T} \lim_{t \rightarrow 0} \tau(t) = \frac{\delta^2}{(w/2)^2 + 1} \quad (38)$$

and

$$\frac{1}{T} \lim_{t \rightarrow \infty} \tau(t) = \delta^2 + \frac{w^2}{\pi^2} \quad (39)$$

In the experimental parameter regime, the time scale we measure is presumably intermediate,

$$\tau = \alpha \frac{\eta}{s\rho_0^2} + \beta \frac{\gamma}{s\rho_0^2} W_0^2, \quad (40)$$

565 where α and β are dimensionless quantities which we determine numerically. To obtain α and β for a given set of input parameters, we numerically solve Eqns. (7,11,13) and extract the time scale $\tau(W_0)$ for several initial widths. We then fit the results to the functional form of Eq. 40.

In the experimental regime, using the parameters for which the theoretical 570 contraction profiles best agree with the numerical one (see Figure 5B), we estimate $\alpha \simeq 2.2 \pm 0.05$ and $\beta \simeq 0.085 \pm 0.006$. The error estimates were obtained by sampling α and β over a range of input parameters between half and twice the best fit values, and evaluating a standard error on the computed values.

5.3 Numerical Treatment

575 To solve Eqns. (7,11,13) numerically, we discretize the system by representing ρ on an equispaced grid between $x = -W(t)/2$ and $x = W(t)/2$, where $W(t)$ is the instantaneous width of the contracting film. The instantaneous film velocity is determined from Eq. (11) using a second order finite difference scheme. The boundary conditions $\sigma = 0$ at $x = \pm W(t)/2$, are implemented using an asym- 580 metric second order finite difference stencil, see (Tornberg and Shelley, 2004). We determine the time derivative of density using Eq. (26) with the boundary condition specified in Eq. (27), which account for the grid contracting with the width of the film. We time-evolve Eqns. (26,13) using a adaptive second order time stepping provided by Scientific Python project (Jones and Oliphant, 585 2001-).

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7 Figure Legends

Figure 1 Stabilized microtubules form asters in *Xenopus* egg extracts. (A) Experiments were performed in thin rectangular channels of width W_0 , height H_0 and length L_0 . (B) In some regions of the channel, microtubules organize into asters, with minus ends localized in the aster core (Scale bar, $5\mu\text{m}$). (C) Isolated asters fuse together over minute timescales (Scale bar, $5\mu\text{m}$). (D) Aster-like structures form in other regions of the channel (Scale bar, $10\mu\text{m}$) (E) Aster-like structures show large scale movement on minute timescales. (Scale bar, $25\mu\text{m}$). (F) NUMA localizes to the network interior (Scale bar, $20\mu\text{m}$). (F) Closeup of aster-like structure showing NUMA localized on the interior (Scale bar, $10\mu\text{m}$).

Figure 2 Stabilized microtubules form a contractile network in *Xenopus* egg extracts. (A) Low magnification imaging shows that microtubules form a contractile network (Scale bar, $500\mu\text{m}$). (B) The width of the microtubule network decreases with time ($n = 6$ experiments). (Inset) Representative plot of $\epsilon(t)$ (Blue line) and fit from Eqn. 2 (Pink line), with $\epsilon_\infty = 0.81$, $\tau = 3.49$ min, $T_c = 1.06$ min.

Figure 2-figure supplement 1 Plots of $\epsilon(t)$ from data in Figure 1F (Blue lines) along with fits from Eqn. 2 (Pink lines).

Figure 3 Contraction dynamics in channels of different width provide a means to test potential contraction mechanisms. (A) Microtubules form contractile networks in channels with various widths (Scale bar, $500\mu\text{m}$, $t=10$ minutes) (B) Width of the networks as a function of time in channels with various widths. (C) Fraction contracted as a function of time, $\epsilon(t)$, calculated

from the data in B. The networks all contract to a similar final fraction, while the timescale of contraction differs. (D) The scaling of the characteristic time, τ , with channel width does not vary as W_0^2 , as would result for a poroelastic timescale, and is not a constant, independent of width, as would result from a viscoelastic time scale. The scaling is well described by an active fluid model (green line analytic scaling, fit to Eqn. 6; green dots numerical solution). (E) The characteristic time, τ , is found to be independent of channel height. The dashed line is the mean value of τ . (F) ϵ_∞ is constant for all channel widths and heights, indicating that the network contracts to a constant final density. The dashed line is the mean value of ϵ_∞ . All panels display mean \pm s.e.m.

Figure 4 Cartoon of the microscopic model underlying the active fluid theory of network contractions by minus end clustering. (A) Microtubule sliding by dynein drives microtubule minus ends together. (B) Minus end clustering leads to the formation of aster-like structures. Due to steric interactions between microtubules, there is an upper limit to the local microtubule density. (C) The microtubule network is composed of interacting asters. Motor activity driving aster cores together leads to bulk contraction of the network.

Figure 5 Microtubule density increases at the network's edges during contraction. (A) Time series of contraction showing intensity averaged along the length of the channel. The average intensity peaks at the network's edges due to increased local microtubule density. (Scale bars, 500 μm) (B) Comparison of measured density profiles (solid lines) with density profiles from simulation (dashed lines). Data are plotted at 1 minute intervals starting at $t = 40$ sec. (C) Representative frame from PIV showing the network's local velocity component along the network's width. (D) Comparison between measured (solid red line) and simulated (dashed red line) velocity along the width of the channel at $t = 80$ sec. The measured and simulated velocities increase superlinearly with distance from the center of the network, as can be seen by comparison to a linear velocity profile (dashed black line).

Figure 5-figure supplement 1 Comparison between measured (solid lines) and simulated (dashed lines) density profiles. Data are plotted at 2 minute intervals starting at $t = 40$ sec.

Figure 6 Network contraction is a dynein-dependent process. (A) Fraction contracted as a function of time, $\epsilon(t)$, when dynein is inhibited using p150-CC1. (B) The characteristic time of contraction, τ , increases with increasing p150-CC1 concentration. Solid green line indicates fit of sigmoid function. (C) ϵ_∞ has no apparent variation with p150-CC1 concentration. Solid green line indicates the mean value of ϵ_∞ . All panels display mean \pm s.e.m.

Figure 6-figure supplement 1 Inhibition of Kinesin-5 has little effect on the contraction process. (A) Comparison of $\epsilon(t)$ curves for samples where Kinesin-5 was inhibited using STLC and control where no STLC was added. (B) Simultaneous inhibition of dynein with p150-CC1 and Kinesin-5 with STLC does not rescue the effects of dynein inhibition alone. All panels display mean \pm s.e.m.

Figure 6-figure supplement 2 Plots of $\epsilon(t)$ from experiments with $2 \mu\text{M}$ p150-cc1 (Blue lines) along with fits from Eqn. 2 (Pink lines).

8 Video Legends

Video 1 - Isolated asters undergo coalescence Taxol stabilized microtubules in *Xenopus* oocyte extracts self-organize into asters that can then coalesce. The magenta channel depicts microtubules while the green channel depicts NUMA localization, here used as a proxy for microtubule minus ends. Time is shown in minutes : seconds.

Video 2 - Microtubules organize into dynamic aster-like structures In other regions of the channel, microtubules organize into aster-like structures that exhibit large scale movement on the minute timescale. Time is shown in minutes : seconds.

Video 3 - Microtubule networks undergo a spontaneous bulk contraction Low magnification imaging of the channels reveals that microtubules organize into a macroscopic network that spontaneously contracts on the millimeter length scale. Time is shown in minutes : seconds.

Video 4 - Microtubule networks can undergo tearing During contraction, tears can develop in the microtubule network, causing the network to break. Time is shown in minutes : seconds.

Video 5 - Network contraction in channels of varying width Devices were fabricated with different widths. Each video panel depicts a representative experiment using channels of the given width. Time is shown in minutes : seconds.











